

# Youth and Schools update

Hampshire, Isle of Wight & Surrey

Issue 1: June/July 2006

## Welcome

### From Mike Baxter, Service Manager (Youth & Schools)

To introduce myself – my name is Mike Baxter and I have been appointed Service Manager (Youth and Schools) for Hampshire, Surrey and the Isle of Wight. I have been in the Red Cross since the age of five and have been a volunteer in the First Aid and Youth Service, as well as being Youth Manager in Hampshire between 2000 and 2001. I will also be taking on the role as one of the nominated Child Protection Officers as well as coordinating Child Protection Training for the area.

## Youth Work

### The “new way of working” with Young People!

#### What does it involve

There are 4 strands to the Youth and Schools strategy:

#### **Youth and School Strategy**

- > Encouraging Young Volunteering (13+)
- > Educating Young People in First Aid
- > Educating Young People in Humanitarianism
- > Helping Young People in Crisis

#### Young Volunteers:

Young People can become volunteers at the age of 13 in a number of roles in all our main services. For example at 13, a young person can become a **peer educator** helping other people to learn First Aid or about Humanitarian Issues. At 15, a young person can attend First Aid duties. A new document “Working with Young Volunteers” has been published and is being rolled out through Service Managers in the near future.

#### Educating Young People:

We have a **Youth Education Project**, which educates young people within Schools and Youth Organisations in various subjects, including:

- > First Aid
- > Babysitting
- > Humanitarian Issues such as London Bombings, Landmines, Natural Disasters, Geneva Conventions, Refugees and more!

#### Helping Young People in Crisis:

This area of our work looks at helping vulnerable young people such as providing orientation and social clubs for young refugees and providing training for vulnerable groups of young people. We are currently looking at appropriate projects for our area.

**For more information, please contact Mike Baxter (details on back page).**

# Resources roundup

## Resource Pack and CD

A resource CD has been produced including:

- > Updated First Aid Pack for the Youth First Aid Course, which includes a PowerPoint presentation, case studies, activities, assessment checklists and a student handout.
- > PowerPoint for the babysitting course, produced by Derek Alder and Vivien Turner.
- > Assembly packs compiled from the education website [www.redcross.org.uk/education](http://www.redcross.org.uk/education)
- > Presentation videos to use in schools (and for adults!) set to music on UK operations, Fundamental Principles, international work and road safety road shows.

## Youth publicity leaflet

An A5 folded leaflet is available to outline the work we do with Young People in the Hampshire, Isle of Wight and Surrey area.

## Babysitting booklet

An A5 photocopied booklet is available to support the delivery of the "Looking after other people's children" course. Copies available from Mike Baxter.

A babysitting course is being run at Guildford Centre on 1<sup>st</sup> and 8<sup>th</sup> July, bookings via Diana Collins [dianacollins@redcross.org.uk](mailto:dianacollins@redcross.org.uk).

## Young volunteers in services

A new pack entitled "Working with Young Volunteers" has been produced to provide guidance and get more young people involved in our services

Meetings will take place with Service Managers to introduce them to the content and we will be working with organisations such as the Duke of Edinburgh's Award and Millennium Volunteers to encourage more young volunteers to join the Red Cross.

Some of the key points are:

- > Young people under 18 need a consent form to undertake voluntary work.
- > A service support volunteer (mentor) will be assigned to the young person.
- > A simple risk assessment (using pack) needs to be completed to keep young people safe.

## Posters

There are 3 posters which will be sent to all Red Cross centres for display: a welcome poster in a variety of languages, the child protection procedures and a NSPCC / Child Line Poster.

## Moving Stories

We hope to update the "Moving Stories" refugee awareness pack soon, so it can be used in Schools and Youth Organisations.

# Youth Developments

## Child Protection Course

The Child Protection Course has been updated and is now 2 hours long, easily done in an evening. Those working with young people on a regular basis are recommended to do an update every 3 years.

Wendy Solesbury, Youth Development Manager will be running a trainer workshop in the near future and a programme of courses will be organised for the Autumn.

## Accreditation

### Duke of Edinburgh's Award

The Red Cross is an access organisation for the Duke of Edinburgh's Award and we can issue certificates to Young People for the completion of the Service Section.

### Youth Achievement Award

Mike Baxter will be going on a training course so we can run the Bronze/Silver/Gold/Platinum Youth Achievement Awards, which are accredited by UK Youth. More information soon...

### Humanitarian Citizen Award

Everyday, young people across the UK act in a humane and generous way to make a difference to the lives of other people. They help in different ways – for example, by giving first aid, befriending, fundraising or campaigning for a worthy cause. The Humanitarian Citizen Award has been set up to recognise individual or groups of young people who have acted in this way. More details can be found at [www.redcross.org.uk/theaward](http://www.redcross.org.uk/theaward)

## Peer Education Projects

A partnership between Hampshire Scouts and the British Red Cross has been undertaking Peer Education for the last 10 years in the form of a Youth Action Team.

The young people undertook a weekend of first aid training (Youth First Aid) and a further weekend in peer education skills, after which they helped demonstrate first aid skills to their troops and other young people in a variety of settings. Over 40 peer educators were trained passing their skills onto over 5,000 over young people and adults.

Fifteen of these peer educators have now completed the Standard First Aid certificate and undertake duties for the Red Cross.

### Peer Educators at the Surrey Show

Four peer educators visited the Surrey Show this year and with the help of Derek Alder, Mike Baxter and Vivien Turner trained over 250 people in CPR with another 400 onlookers seeing the skills in action.



**Chris Babb, Peer Educator teaching First Aid at the Surrey Show**

Chris said “Being a Peer Educator has helped he develop my confidence and I enjoy attending events and helping other people learn life saving skills.”

### Formation of Peer Education Teams

Plans are well advanced to set up an area Peer Education Team, which will form part of the larger South Eastern Territory Peer Education Team.

It is likely the team will meet in clusters in each of the counties. Lots of enthusiasm from volunteers has led to meetings being set up in each county.

### Training for Peer Educators

Peer Educators can be trained in first aid skills up to Standard First Aid on a local basis with Red Cross Trainers, in addition to an introduction to peer education skills.

South East Territory run Peer Educator residential weekends 3 times per year and all young people will be given the opportunity to attend this training.

### The “Road Safety Roadshow”

#### Be Someone!



Toyota sponsors the Road Safety Campaign, which was originally part of the 2005 European Red Cross Campaign.

Road Accidents kill 3,500 people per year in the UK (including 500 children). Many of these deaths could be prevented if people knew some basic first aid.

The Road Safety Roadshow encourages young people and their parents to learn first aid, so that they would be ready to help if things go wrong.

**Peer Educators** visit a variety of locations such as theme parks, shopping centres and even beaches to pass on their knowledge to other young people and adults.

### Key Dates:

21<sup>st</sup> – 27<sup>th</sup> August & 23<sup>rd</sup> – 29<sup>th</sup> August – South Eastern Territory Road Show.

15/16 July – Aldershot Military Show

25/26/27 July – New Forest Show

9/10 September – World First Aid Day

### Useful Websites:

[www.redcross.org.uk/education](http://www.redcross.org.uk/education)

[www.1-life.info](http://www.1-life.info) (European Red Cross)

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