

Young Volunteer Award Scheme



Introduction to the Award Scheme

This is a new award scheme just for young volunteers to recognise the time and commitment you give to the Red Cross. The scheme is progressive with each award requiring a higher level of commitment and involvement.

There are four different awards that you can aim for:

| | |
|-----------------|------------------------------|
| Bronze | getting started |
| Silver | volunteering |
| Gold | helping organise |
| Platinum | developing leadership |

Each of the awards has five different sections:

| | |
|---------------------------------|---|
| Learning and Development | training for your role |
| Volunteer Hours | helping other people |
| Our Organisation | finding out about the Red Cross |
| Fundraising | finding out how we are funded and helping raise funds |
| Project | undertake your own project |

The rest of the pack explains the requirements of the award in more detail. We hope you enjoy undertaking the awards and volunteering with the largest humanitarian organisation in the world. If you have any suggestions for improvement email peereducators@redcross.org.uk.

James McCann
Project Manager and Peer Educator (Hampshire)

Summary of the awards

- > These awards are designed for young volunteers aged 15 – 25 within the British Red Cross, but may also be used for younger people within partner organisations (e.g. peer education teams in schools).
- > You can start with the Bronze Award and work your way up or start on a higher award. The volunteer hours from previous awards can be counted e.g. if you do 10 hours volunteering for Bronze, you only need an additional 40 hours to reach the 50 hours required for the Silver award.
- > There are record sheets for each award and a record sheet which can be used to record your volunteering hours.
- > When you have completed an award, you will need to see your project manager to get the award validated and the certificate presented at a suitable occasion.

This table shows what you have to do to gain each award:

| Award Sections | Bronze getting started | Silver volunteering | Gold helping organise | Platinum developing leadership |
|---------------------------------|---|---|---|--|
| Learning and Development | Induction & Welcome Workshop Short First Aid Course | Bronze Training plus Training modules relevant to your volunteer role e.g. > Peer Education > Peer Befriending > Standard First Aid > Manual Handling (approx 25 hours) | Bronze & Silver training plus Complete additional training modules and/or help run training for other people. | Complete a Personal Development Plan with your manager and complete relevant training modules (min 30 hours) |
| Volunteer Hours | Min 10 hours experience | Min 50 hours volunteering | Min 100 hours volunteering | Min 200 hours volunteering (60 must be leadership) |
| Our Organisation | Find out about the History of the Red Cross and our in the UK and abroad. | Find out about / visit another part of the our organisation. | Ideals in action course | Ideals in Action + Run a welcome workshop for new members |
| Fundraising | Find out how the Red Cross is funded | Take part in a fundraising activity | Help to organise a fundraising event | Run and organise a Fundraising activity |
| Project | Complete a short project agreed with your manager | Complete a short project agreed with your manager | Complete a project in which you take responsibility agreed with your manager | Take a leadership role within a significant project agreed with manager. |

Bronze Award (getting started)

- > This award is about preparing you to volunteer with the British Red Cross.
- > Each section should be signed off by your project manager.

Learning and Development

Complete induction training online
<http://induction.redcross.org.uk/>

__/__/__ (Date) _____ (signed)

Take part in a welcome workshop

__/__/__ (Date) _____ (signed)

Undertake a short first aid course e.g. Save a Life

__/__/__ (Date) _____ (signed)

Volunteer Hours

Complete at least 10 hours of volunteer work

__/__/__ (Date) _____ (signed)

Our Organisation

Find out about the history and services of the Red Cross and discuss with your project manager or another young volunteer.

__/__/__ (Date) _____ (signed)

Fundraising

Find out how the Red Cross is funded and how you can be involved in helping fundraise.

__/__/__ (Date) _____ (signed)

Project

Agree a short project you can undertake e.g. auditing equipment, producing a poster etc. with your manager. This should last around 2 hours.

__/__/__ (Date) _____ (signed)

Project chosen

Award completed __/__/__ (Date) _____ (signed)

Name _____ Role _____

This award can be approved by your project manager.

Silver Award (volunteering)

- > This award is about training for and undertaking your volunteer role.
- > Each section should be signed off by your project manager.

Learning and Development

Complete training relevant to your volunteer role agreed with your manager e.g. peer education training, Standard First Aid, Manual Handling, mentoring with another volunteer etc.

__/__/__ (Date) _____ (signed)

Training Undertaken

Volunteer Hours

Complete at least 50 hours of volunteer work

Our Organisation

Find out about another part of our organisation and make a visit if possible. For example, attending a Branch Council or Forum, visiting another service or researching about the Federation or ICRC.

__/__/__ (Date) _____ (signed)

__/__/__ (Date) _____ (signed)

Fundraising

Take part in a fundraising activity.

Project

Agree a short project you can undertake connected to your volunteer role e.g. helping maintain equipment . This should last around 5 hours.

__/__/__ (Date) _____ (signed)

Project chosen

Award completed __/__/__ (Date) _____ (signed)

Name _____ Role _____

This award can be approved by your Project Manager.

Gold Award (helping organise)

- > This award is about taking some responsibility within your volunteer role.
- > Each section should be signed off by your project manager.

Learning and Development

Complete additional training relevant to your volunteer role e.g. risk assessment training, child protection or undertake some mentoring or shadowing to allow you to take some responsibility.

__/__/__ (Date) _____ (signed)

Training Undertaken

Volunteer Hours

Complete at least 100 hours of volunteer work

__/__/__ (Date) _____ (signed)

Our Organisation

Complete the Ideals in Action course or another project agreed with your project manager lasting at least 8 hours about our organisation.

__/__/__ (Date) _____ (signed)

Fundraising

Help organise a fundraising activity.

__/__/__ (Date) _____ (signed)

Project

Agree a project which allows you to take responsibility e.g. organising an event. This should last around 15 hours.

__/__/__ (Date) _____ (signed)

Project chosen

Award completed __/__/__ (Date) _____ (signed)

Name _____ Role _____

This award should be approved by the relevant Service Manager in consultation with the Project Manager.

Platinum Award (developing leadership)

- > This award is about taking a leadership role within our organisation.
- > This award is closely aligned to the Platinum Youth Achievement Award.
- > Each section should be signed off by your project/service manager.

Learning and Development

Complete all relevant induction training.

__/__/__ (Date) _____ (signed)

Undertake a Personal Development Plan with your Service Manager (formats for this are available) that looks at current skills and knowledge and the required development to undertake a leadership role.

__/__/__ (Date) _____ (signed)

Undertake at least 30 hours of training/development.

__/__/__ (Date) _____ (signed)

Main training undertaken

Volunteer Hours

Complete at least 200 hours of volunteer work.

__/__/__ (Date) _____ (signed)

Of this at least 60 hours is in a leadership role.

__/__/__ (Date) _____ (signed)

Our Organisation

Complete Ideals in Action course

Run a Welcome Workshop course OR help induct new volunteers to our organisation.

__/__/__ (Date) _____ (signed)

Fundraising

Organise a fundraising activity.

__/__/__ (Date) _____ (signed)

Project

Undertake a leadership role within a significant project lasting at least 30 hours.

__/__/__ (Date) _____ (signed)

Project chosen

Platinum Award (developing leadership) (continued)

Presentation and Evaluation

Complete a presentation about your achievements to a group of young people, project managers and service managers.

__/__/__ (Date) _____ (signed)

Complete an evaluation of your experiences and an action plan for your volunteer role beyond the award.

__/__/__ (Date) _____ (signed)

Award completed __/__/__ (Date) _____ (signed)

Name _____ Role _____

This award should be approved by the Territory Youth Manager in consultation with the Service Manager.